

Betty's Run for ALS!

ALS Facts

- ALS can strike anyone
- 80% of people with ALS die within two to five years of diagnosis
- ALS is five times more prevalent than Huntington's disease, four times more prevalent than muscular dystrophy, and has a similar incidence rate as multiple sclerosis.
- Symptoms may include tripping and falling, loss of muscle control in hands and arms, difficulty in speech, swallowing and breathing
- Approximately 3,000 Canadians currently live with ALS
- ALS affects the whole family, as much of the patients care is taken on by family and friends

Since its inception, Betty's Run for ALS has raised over \$3.5 million for ALS awareness, patient services, equipment & research to find a cause and cure for this terrible disease.

Of funds raised from Betty's Run for ALS, 40% is donated to research, and 60% is donated to equipment and support services Alberta.

What does ALS cost?

- \$20 – Big Handed Utensils (easier to use if hands are weak)
- \$75 – Bed Wedge (elevates the person to make breathing easier)
- \$500 – Net Book Communication Device (uses text to speech software to communicate)
- \$800 – Sheepskin for Bed (provides comfort and reduces pressure)
- \$2,500 – Special Hospital bed (provides comfort in sleeping and helps if breathing is compromised)
- \$4,000 – Stair Lift
- \$4,500 – Porch Lift
- \$5,000 – Pressure Mattress (provides comfort in sleeping)
- \$24,000 – Power Tilt Wheelchair

By supporting the ALS Society of Alberta, you are helping ensure that people living with ALS are receiving vital equipment and support through their journey with ALS.

Equipment and support services help to improve quality of life, making everyday the best possible day for people living with ALS.

Charitable Business
12063 0827 RR0001



The ALS Society of Alberta

Pledge Deposit Process

Race Package Pickup:

The Running Room/Walking Room
Eau Claire Market
#A01, 200 Barclay Parade SW Calgary

On Fri. June 11 from 12:00 Noon to 6:00 PM
Or Sat. June 12 from 10:00 AM to 5:00 PM.



Before the Race:

- Deposit pledge money at any BMO Bank of Montreal
- Ensure pledge form is stamped
- Attach completed deposit slip(s)
- Bring both with you to Race Package Pickup

Team pledge forms must be handed in collectively no later than 9:30 am June 13th, 2010.

Important: We must receive your completed pledge form so we can provide Income Tax receipts!

Betty's Run for ALS 2010 hopes to raise \$340,000 at an expense of \$40,000 with a net total of \$300,000.

Bank of Montreal Service Staff Instructions:

1. Deposits may be accepted at any BMO branch in Canada.
2. Please help the participant complete a regular deposit slip then using the FBPS system input the following information:

Concentrator ID: **72322**; Customer ID: **ALS Society**;

Report Addendum: **Participant's Name**; No Division # req'd.
3. Verify the amount of the deposit payment, enter total in the box adjacent. Please stamp (teller stamp) the box, attach a copy of the deposit slip and return this form to the participant.

For further information refer to "Alerts" for ALS Society of Alberta.



**Teller Stamp
(required)**

Total Deposit \$ _____

