



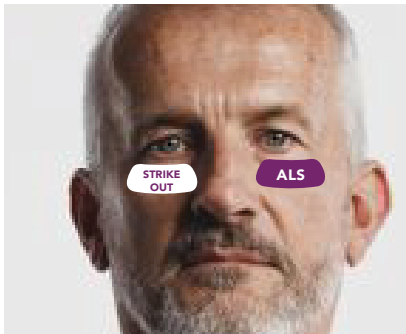
Lou Gehrig Day | June 2, 2021

Thank you for helping to raise awareness of ALS!

01 Print this sheet in colour. If you don't have a colour printer, we've provided a blank option you can colour in yourself.

Pro tip: You can use temporary tattoo paper or other skin-friendly adhesive paper for extra staying power!

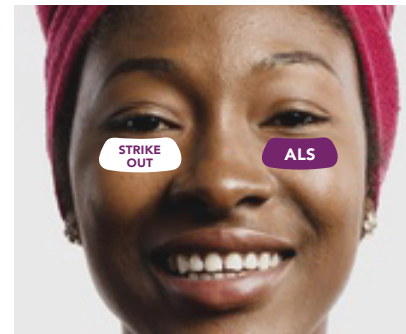
02 Cut out the eye blacks.



"STRIKE OUT" goes under your right eye,
"ALS" goes under your left eye

03 Stick the eye blacks under your eyes.
Please use a skin-friendly, temporary adhesive!

04 Take your photo and post to your social channels using #StrikeOutALS



"STRIKE OUT" goes under your right eye,
"ALS" goes under your left eye

EYE BLACKS (Print at 100% ratio)



Right eye

Left eye

Right eye

Left eye